



Post-Operative Care Instructions:

Periodontal SCRIP with Laser (Non-Surgical Treatment of Gum Infection)

Bleeding: Expect some bleeding during the next 24-48 hours and understand that the area may not look smooth for several weeks. Keep in mind that any bleeding you see is mixed with saliva and usually 90% of what appears to be blood is actually saliva.

Numbness: the numb feeling will last another 2-4 hours. Do not touch the surgical area. Avoid checking out the numbness of the lips, cheek, or tongue with your teeth as you could accidentally bite yourself. The tissue may appear rough and puffy, however it should heal nicely and become smooth in 10-14 days. Avoid hot beverages to avoid burning the area which is numb. Keep in mind when drinking, the mouth may not posture itself as one would expect, and you may make a mess.

Discomfort: Ibuprofen (Motrin, Advil) is the first choice for pain control if your physician has not put any restrictions on its use due to your other medications. Consider the maximum dose of ibuprofen 600mg 3 times every 24 hours. If this is not sufficient to control pain, add Tylenol 1000 mg 3 times every 24 hours, taken at the same time as ibuprofen or staggered times. These two medications work differently and combined are considered the best option for pain control. Consider continuing ibuprofen as noted if there is some discomfort. Discomfort indicates inflammation; controlling inflammation will enhance healing.

Oral hygiene: Avoid flossing and use of waterpik for one week. Continue to brush the area as usual

Post operative appointments: It's important to keep your follow up visit as scheduled so the success of the treatment can be evaluated, and any needed adjustments can be made.

For any questions following Periodontal SCRIP with Laser, please call or text the office at (330) 494-6016