



## Post Operative Care Instructions:

### Children's Baby Tooth Extraction

**Bleeding:** Expect bleeding during the first 24-48 hours following the procedure and understand that the area may not look smooth for several weeks. Keep in mind that any bleeding you see is mixed with saliva and usually 90% of what appears to be blood is saliva.

**Numbness:** the numb feeling will last another 2-4 hours. Avoid Chewing any food at the area where the tooth was removed while it is numb. If you must check out the area for numbness. Only use clean fingers and avoid using teeth to see if the area is still numb on the lips, cheek, or tongue with your teeth as you could accidentally bite yourself without realizing it until the numbness is gone. If you do bite yourself, it may make the tissue rough and puffy, but it will heal nice and smooth in 10-14 days.

**Discomfort:** Children's Tylenol or Motrin as dosed on the label is sufficient and recommended to be introduced while the area is still numb. Consider continuing as noted on the label as needed.

**Activity:** Limit activity today and more than likely all will be fine as far as activities tomorrow.

**Diet:** Avoid hard crunchy foods and sticky foods for a couple days. No drinking through a straw, spitting or nose blowing, as these all create suction which can interfere with healing.

**Bedtime:** There may be some bleeding through the night, and you may want to put an old pillowcase on the bedtime pillow.

**Medication:** The source of the infection has been removed and an antibiotic is not always necessary. If an antibiotic was prescribed, take exactly as directed.

**Post operative appointments:** Typically, are not necessary as the developing adult tooth underneath provides a good structure for healing after the baby tooth is removed. The next appointment is typically the regular cleaning and exam, which should occur every six months.

***For any questions following Baby Tooth Extraction, please call or text the office at (330) 494-6016***

