



Post-Operative Care Instructions:

FINAL RESTORATIONS including:

Same Day Crowns;

Final Placement of Two-Phase Crowns, Bridges, Veneers;

Composite Fillings (white fillings)

Numbness: the numb feeling will last another 2-4 hours. Do not touch the surgical area. Avoid checking out the numbness of the lips, cheek, or tongue with your teeth as you could accidentally bite yourself or cause the tissue to appear rough and puffy. If this happens, it should heal nicely and become smooth in 10-14 days. Avoid hot beverages to avoid burning the area which is numb. Keep in mind when drinking, the mouth may not posture itself as one would expect, and you may make a mess.

Discomfort: Ibuprofen (Motrin, Advil) is the first choice for pain control if your physician has not put any restrictions on its use due to your other medications. Consider the maximum dose of ibuprofen 600mg 3 times every 24 hours. If this is not sufficient to control pain, add Tylenol 1000 mg 3 times every 24 hours, taken at the same time as ibuprofen or staggered times. These two medications work differently and combined are considered the best option for pain control. Consider continuing ibuprofen as noted if there is some discomfort. Discomfort indicates inflammation; controlling inflammation will enhance healing.

Diet: You may chew as soon as the anesthetic completely wears off, since the restoration is fully set when you leave the office.

Follow Up: If your bite feels uneven, if you have persistent pain, or if you have any other questions or concerns, please call our office (330) 494 6016.