



Sedation Dentistry Pre-Operative Instructions

One Week (or more) Before the Appointment:

It is essential that you arrange a driver to bring you to your appointment and take you home from your appointment, and that you provide their name & number to the office so they can be contacted

You will also need to have a responsible adult who can stay with you for the rest of the day when you get home from your appointment

NO GRAPEFRUIT for 7 days prior to taking any prescribed sedatives for this appointment

No consumption or use of Alcohol, Caffeine or Narcotic Drugs for 24 hours before your appointment

Nothing to eat or drink after midnight the night before the appointment

If you smoke – nicotine levels in your blood will affect your sedation experience.
Please adjust your smoking schedule as follows for the sedative to work best:

Less than ½ pack per day – refrain from smoking for 12 hours before your appointment

½ to 1 pack per day – refrain from smoking for 8 hours before your appointment

1 to 1 ½ pack per day – refrain from smoking for 4 hours before your appointment

1 ½ pack or more per day – smoke right before coming to the office

On the day of the appointment:

You will need to be at the office at 7:30 a.m.

Do not wear contact lenses

Leave all valuables at home, including purse, wallet, watch/jewelry, etc.

Wear comfortable clothes, and a shirt with short sleeves. Layers are recommended to keep you comfortable (pajamas/sweats are perfect)

Wear comfortable shoes and socks (or slippers)

Upon arrival, have your driver text the office at 330-494-6016 to notify the team that you are ready. Please stay in the car until someone comes out to greet you and accompany you into the office.